



# PODCAST RECOMMENDATIONS

## FOR WHEN YOU NEED SOME EXTRA MOTIVATION IN YOUR DAY...



*Happier with Gretchen Rubin*, by Panoply

*Cultivate Your Life with Lara Casey*, by Lara Casey

*Earn Your Happy, by Lori HarderRISE Podcast*, by Rachel Hollis

*Do It Scared with Ruth Soukup*, by Ruth Soukup

## MANAGING YFOR WHEN YOU'RE IN WORK MODE OR THINKING BUSINESS...

*WorkParty with Jaclyn Johnson*, by Dear Media

*Don't Keep Your Day Job*, by Cathy Heller

*Being Boss*, by Kathleen Shannon & Emily Thompson

*Christy Wright's Business Boutique*, by Christy Wright

*Women Rule*, by Ann Palmer

*The Broad Experience*, by Ashley Milne-Tyte

*Girlboss Radio*, by Sophia Amoruso



## FOR WHEN YOU WANT TO FOCUS ON YOUR WELL-BEING...

*Thrive Global Podcast with Arianna Huffington*, by iHeartRadio

*Therapy for Black Girls*, by Joy Harden

*Unf\*ck Your Brain*, by Kara Loewenthei

*Love & Light Live*, by Ashley Leavy

*Optimal Living Daily*, by Justin Malik

*Oprah's SuperSoul Conversations*, by Oprah

*Over It & On With It*, by Christine Hassler

*On Being*, by Krista Tippett

*Nourishing Women Podcast*, by Meg Dixon and Victoria Myer

*Girlboss Radio*, by Sophia Amoruso



## FOR WHEN YOU'RE IN MONEY MODE...

*The BiggerPockets Money Podcast*, by Mindy Jensen and Scott Trench

*Clever Girl Finance Podcast*, by Bola Sokunbi

*Optimal Finance Daily*, by Robert Farrington

*So Money*, by Farnoosh Torabi

